



Christopher M. Juneau

PT, DPT, MPhil, SCS, CSCS, CPSS

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Healthcare executive, residency- and fellowship-trained sports physical therapist, strength coach, and sport scientist. Fourteen years building, leading, and reviewing programs across special operations, professional and collegiate sport, healthcare, higher education, and the performing arts, with an active research program in force testing, return to sport, and clinical reasoning.

Professional experience

Next Stage, Director of Operations and COO

2024 to present

Integrated Health and Performance Management, Ocoee, FL

- Lead a managed service provider (MSP) delivering physical therapy, athletic training, and performance medicine to cruise line entertainment (clients include Virgin Voyages): staffing, logistics, program development, and company growth.
- Lead business development with additional cruise lines.
- Developing a tiered strength and safety assessment framework for aerial performers.

CJ Performance Solutions LLC, Owner and Principal Consultant

2020 to present

Consulting and clinical practice, Miami, FL

- The PICTOR Group, High-Performance Project Consultant (2024 to present): medical and performance program reviews for NCAA Division I athletic departments, including UC San Diego and Arkansas, covering staffing and structure, return-to-play processes and protocols, and integration of medical, performance, and coaching staff.
- Vanguard XXI, Educational Specialist (2024 to present): education in physical performance and health and wellness for the firm's military division.
- Professional sports league (2026 to present): education content for a leaguwide biomechanics assessment program.
- Return-to-sport consultation for collegiate and professional programs, including NCAA Division I ACL return-to-sport case management.

Augustana University, Director of Clinical Education and Associate Professor

2026 to present

Doctor of Physical Therapy Program, Colorado

- Built the clinical education program for the inaugural DPT cohort: site partnership network across Augustana, EIM, Confluent Health, and direct clinical instructor networks.
- Oversee clinical instructor recruitment, placement logistics, curriculum integration, and program growth.
- Contribute to the CAPTE accreditation Self Study, including outcomes tracking and mapping of course assessments to CAPTE and NPTE standards.
- Built and manage the Associated Faculty program for lab and adjunct faculty recruitment, onboarding, and contracting.
- Primary instructor and course developer, DPTC 6821 Professional Competencies II.

Dungeons & Dynamometers, Co-founder

2024 to present

Education company: force testing, force plates, isokinetics, speed, and data management

- Built a course suite training clinicians and coaches to collect, interpret, and act on objective performance data; implementation and data management consulting for clinics and performance departments.

Bridge Physical Therapy, Physical Therapist and Consultant

2024 to present

Miami, FL

- Sports and orthopedic physical therapy, return to performance, and practice consulting.

Next Level Physiotherapy and Performance, Physical Therapist and Consultant

2024 to present

Ocoee, FL

- Patient care, practice development, data-driven performance innovation, and concierge strength and conditioning.

Creighton University, Adjunct Faculty, Biomechanics and Exercise Science

2024 to present

U.S. Space Force, Physical Therapy and Performance Consultant

2023 to 2024

Washington, DC; Department of Defense, National Capital Region

- Consultant on Continuous Fitness Assessment research and human performance programming.

U.S. Army Special Operations Command, Physio and Human Performance Consultant

2021 to 2023

Fort Bragg, NC

- Performance physical therapy, tactical athlete program development, and data analytics within a fully integrated multidisciplinary performance team.

U.S. Air Force Special Warfare (13th ASOS), Physical Therapist <i>Colorado Springs, CO</i>	2020 to 2021
Tactical and performance-based rehabilitation and reconditioning for special warfare operators; faculty, USAF Academy tactical sports and manual therapy fellowship.	
Auckland University of Technology, Lecturer; In Good Hands Physiotherapy, Clinician <i>Auckland, New Zealand</i>	2019 to 2020
Lecturer in musculoskeletal physiotherapy and biomechanics while completing the MPhil; physiotherapy for North Harbour Rugby (men's and women's) and Tennis New Zealand.	
Memorial Hermann Ironman Sports Medicine Institute, Clinician and Residency Faculty <i>Houston, TX</i>	2014 to 2019
- Staff clinician, sports residency faculty, and residency site coordinator. - Hip Preservation Program chair and protocol development lead; research and development for ACL and hip preservation programs; annual symposium chair and special interest group leader.	

Education and post-professional training

Master of Philosophy (MPhil), Rehabilitation Science (Biomechanics), Auckland University of Technology	2021
Sports Performance Fellowship, University of Louisville Athletics	2014
Sports Traveling Fellowship, American Academy of Sports Physical Therapy	2014
Sports Physical Therapy Residency, The Ohio State University Wexner Medical Center	2013
Doctor of Physical Therapy, with Honors, University of St. Augustine for Health Sciences	2012
BS Kinesiology, cum laude, Louisiana Tech University	2010
Hybrid Learning Certification (EDU6510), Evidence In Motion	In progress

Board certifications and licensure

Board-Certified Sports Clinical Specialist (SCS), APTA	Active
Certified Performance and Sport Scientist (CPSS), NSCA	Active
Certified Strength and Conditioning Specialist (CSCS), NSCA	Active
USA Weightlifting Level II Coach	Active
Emergency Medical Responder (EMR)	Active
Licensed Physical Therapist: Florida and Colorado	Active
Previously licensed: Texas, Ohio, Kentucky, New Zealand	Inactive

Procedural and clinical certifications

Functional Dry Needling Level III, including ultrasound-guided (Kinetacore); Manual Therapy Level IV, Paris Approach; Blood Flow Restriction (Owens Recovery Science); Focused Shockwave Therapy; Instrument-Assisted Soft Tissue Mobilization; Immediate Care in Rugby (World Rugby); Battlefield Acupuncture; LightForce Thermal Laser Therapy.

Publications

Peer-reviewed articles

- Treinen Swake T, Juneau CM, Tuori J, Haberly GJ. Novel isometric testing of frontal plane hip strength in collegiate cross-country runners. *Sports Med Int Open*. 2026. doi:10.1055/a-2940-7121
- Oranchuk D, Juneau C, Diewald S, Neville J, Cronin J. The validity of a portable strain-gauge apparatus versus a commercial isokinetic dynamometer for evaluating knee extension kinetics. *Int J Sports Phys Ther*. 2024;19(3):258-267. doi:10.26603/001c.92742
- Juneau CM, Oranchuk DJ, Cahill M, Forster JW, Diewald S, Cronin JB, Neville J. Reliability and utility of load-cell derived force-time variables collected during a constrained and unconstrained isometric knee extension task on a plinth. *J Sci Sport Exerc*. 2024;6:81-89. doi:10.1007/s42978-022-00215-8
- Juneau CM, Diewald SN, Neville J, Cronin JB, Oranchuk DJ. Intersession variability of knee extension kinetics using a strain gauge device with differing clinically practical physical constraints. *J Sport Rehabil*. 2023;32(1):96-101. doi:10.1123/jsr.2022-0152
- Presley J, Bailey L, Maloney K, Duncan B, Reid M, Juneau C, Lowe WR. The influence of mode-of-injury on psychological readiness for return-to-sport following anterior cruciate ligament reconstruction: a matched-controlled study. *Int J Sports Phys Ther*. 2021. PMID: 33604148
- Juneau C, Paine R, Chicas E, Gardner E, Bailey L, McDermott J. Current concepts in treatment of patellofemoral osteochondritis dissecans. *Int J Sports Phys Ther*. 2016;11(6):903-925.
- Glaws KR, Juneau CM, Becker LC, Di Stasi SL, Hewett TE. Intra- and inter-rater reliability of the Selective Functional Movement Assessment (SFMA). *Int J Sports Phys Ther*. 2014;9(2):195-207.

In preparation

One-second peak torque as a clinically accessible proxy for quadriceps rate of torque development after ACL reconstruction. Retrospective cohort; IRB approved 2026.

Ebner J, Juneau C, Ullucci PA Jr. Leading questions in clinical history taking: a scoping review. Protocol registered on OSF (osf.io/ubqjx), 2025.

Published abstracts (J Orthop Sports Phys Ther, APTA CSM)

The influence of anterior knee pain on function and timing of return-to-play following ACL reconstruction with patellar tendon autograft. 2019.

Is peak torque enough? The relationship between isokinetic testing and single-leg hop performance in patients following ACL reconstruction. 2018.

A comparison of primary versus revision ACL reconstruction: an analysis at return to sport. 2017.

Femoral nerve blockade versus adductor canal nerve blockade with ACL reconstruction: a prospective RCT. 2017.

The utilization of single-leg squat performance to evaluate lower extremity biomechanics following ACL reconstruction. 2017.

Research and grant activity

Achilles tendon rupture in elite basketball, modified Delphi expert panelist (Rimkus Consulting Group)	2026
DoD and U.S. Space Force: tactical athlete fitness assessment (funded)	2023 to 2024
Active research: isometric strength testing, rate of force development, return to sport, and normative database development.	

Selected invited presentations

Elite Football Rehab Conference: The Things You Know That Just Ain't So (invited)	2027
APTA Combined Sections Meeting (annual): Para-Athlete Power; Why PTs Believe Weird Things; RFD	2021 to 2026
Wake Forest Division I Sports PT Fellowship: Thought Experiments for Clinicians (recurring)	2022 to 2026
Sanford Sports Medicine Symposium; Physio Network; Rogue VBT Event; CALU; ASPDA	2022 to 2026
AETC HP Summit: Aviation Spine Testing; USAF CCT Schoolhouse; USAFA; USASOC	2021 to 2025
AUT SPRINZ Conference; AASPT; TPTA; SWATA; Northwestern; Creighton	2018 to 2021

Leadership, service, and event organizing

Aspen Ideas: Health Fellow	2026
AASPT Program Committee, Member	2026 to present
Traverse City Tendon Summit, Co-founder and Co-organizer	2026 to present
Elite Rehab Conferences (The Science PT), organizer and faculty	Ongoing
Peer Reviewer, IJSPT and Sports Health	2020 to present
APTA Combined Sections Meeting, Abstract Selection Committee	2020 to present
Sports Health, Social Media Chair	2020 to 2024
AASPT Sports Performance Enhancement SIG, Practice Co-chair and Research Chair	2019 to 2021
APTA representative, AMA CPT Editorial Panel	2018
EIM and Kinetacore Education, Director of Research	2017 to 2020
STAND, Medical Volunteer, Haiti	2017
Memorial Hermann Sports Residency, Site Coordinator; EMR and Hip Content Chair	2016 to 2020
PT Inquest Podcast, Co-host	Ongoing

Athletic and event medical coverage

Performing arts and circus: gym-based coverage, programming, and emergency response	2024 to present
Weightlifting: national, international, and IWF World Championships	2014 to present
Military: weight room, mission, and training support	2021 to 2024
Rugby: Ohio State, USAF Academy, North Harbour (NZ), Houston Arrows, Colorado Grizzlies	2012 to 2021
CrossFit and multi-sport event medical coverage	2018 to 2020

Professional memberships

American Physical Therapy Association: Sports Section, Sports Performance SIG, Hip SIG	2012 to present
USA Weightlifting	2012 to present
National Strength and Conditioning Association	2009 to present